



Bite-Sized Food Safety



*May
2022*

**Food safety resources
for front-line managers
to train food workers**

Healthy Employees = Healthy Customers = Healthy Business

ASK: What poses the biggest food safety risk?

ANSWER: Sick employees who come to work.

ASK: Who should you tell if you are sick?

ANSWER: Your shift manager or supervisor.

ASK: What symptoms are of most concern?

ANSWER: Vomiting
Diarrhea
Jaundice – yellow skin or eye color
Sore throat with fever



ASK: If you have diarrhea or vomiting, how long must you stay home?

ANSWER: Until at least 24 hours after your symptoms end.

ASK: What should you do if you have a cut or open wound?

ANSWER: Cover the cut or open wound with an impermeable bandage. If the cut or open wound is located on your hand, use a single-use glove.

ASK: What foodborne illnesses must be reported to your shift supervisor or manager and the health department?

ANSWER: If you are diagnosed with Norovirus, Hepatitis A virus, E. coli, Shigella, Salmonella (non-typhoidal), or Typhoid Fever (caused by Salmonella Typhi), you must report it to your shift supervisor or manager.

ASK: What if you have been exposed to someone with one of these diseases?

ANSWER: Report your exposure to your shift supervisor or manager. In most cases you can continue to work unless you become ill yourself.

CLOSING THOUGHT: Working sick puts us all at risk – employees and customers alike.

Only You Can Prevent Foodborne Illness

Tell your manager or supervisor (the person-in-charge) if you have...

... any symptoms of foodborne illness:

- ◆ Vomiting
- ◆ Diarrhea
- ◆ Jaundice – yellow skin or eye color
- ◆ Sore throat with fever
- ◆ Infected wounds

... an infection (diagnosed by a doctor) of:

- ◆ Typhoid fever (*Salmonella* Typhi)
- ◆ *Salmonella* (nontyphoidal)
- ◆ *Shigella*
- ◆ *E. coli*
- ◆ Hepatitis A virus
- ◆ Norovirus



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... an exposure to a foodborne illness in any of the following ways:

- ◆ I have been exposed to a confirmed outbreak of foodborne illness,
- ◆ Someone who lives in my house has a diagnosed foodborne illness, or
- ◆ Someone who lives in my house attended an event or works in a place which has a confirmed outbreak of foodborne illness.

**To help prevent
foodborne illness,
please wash your hands
before beginning work.**



**Your Customers' Health
Is In Your Hands**



Environmental Health
Division
Jefferson County Health
Dept
[www.jchdvw.org/food-
safety](http://www.jchdvw.org/food-safety)